

ANA BEATRIZ MEDINA ALVAREZ

Ana.medina@believecounsel.com

Highlights of Qualifications

- **Registered Psychotherapist Ontario Canada CRPO #15183**
 - North York, Markham and Durham Region in person Psychotherapist
 - Online Psychotherapy
 - Masters of Divinity and Clinical Counselling, Tyndale University, 2024.
 - Child and Adolescent Psychiatrist Fellowship. The Sick Kids Centre for Community Mental Health. University of Toronto (2014-16)
- Medical Doctor Psychiatrist Colombia*
Colombian Registered Physician #52180931
- Certified, licensed and insured as Medical Doctor (1996) Psychiatrist (2002) Child and adolescent Psychiatrist (2009). Telehealth practice (Current)
 - Author and editor of several books on children mental health and development for Colombia
 - Excellent communication skills, professional networking relationships with other health care professionals, teachers, and patients

Education and Training

Certification of Training EMDR

EMDR - HAP EMDRIA approved training

April 2025

Eye Movement Desensitization and Reprocessing Therapy

Master of Clinical Counselling and Divinities

Tyndale University and Seminary

Sept 2020 – May 2024

Graduate Certificate in Biblical Care & Counselling

Heritage College and Seminary
Cambridge Ontario Canada

Sept 2017- May 2019

Fellowship of Child and Adolescent Psychiatry

Sep 2014 – June 2016

University of Toronto / The Sick Kids Centre for Community Mental Health. Former Hincks Dellcrest Centre
Toronto, Canada.

Fellowship Supervisor: Dr. Susan Dundas. MD.

Fellowship objective: Child, Adolescent, and family group and individual psychotherapy.

Post-graduate Training in Child and Adolescent Psychiatry

University El Bosque, Bogotá, Colombia

Jul 2002 – Jun 2004

Post-graduate Training in Psychiatry

University El Bosque, Bogotá, Colombia

Jul 1999 – Jun 2002

Honours: Best Research, awarded with "Premio Henry Garcia 2002." Molecular biology of immunology system in sleep deprivation and depression.

Certification in Psychoanalytic Psychotherapy
2001

University El Bosque, Bogotá, Colombia

Aug 2000- Jun

Internship

Hospital San Juan de Dios, Zipaquirá Colombia
University Hospital San Ignacio, Bogotá, Colombia

Dec 1995 – Nov 1996

Dec 1995 – May 1996

Jun 1996 – Nov 1996

Doctor in Medicine and Surgery

Pontificia Universidad Javeriana, Medicine Faculty, Bogota, Colombia

Jan 1991 – Nov 1996

Licensure and Medical Examinations

CRPO

Registered Psychotherapist (Qualifying)
Registered Psychotherapist fully licensed

Aug. 2023

Aug. 2025

Medical Council of Canada

Medical Educational Credential Assessment Report. ECA ID 3: E2933846481MM
Credential Assessed: Medical Degree

Apr 2017

Educational Commission For Foreign Medical Graduates

Certification as Doctor of Medicine (USA)

Oct 1998

Certified and Licenced General Practitioner: Labor Colombian Ministry, Health Department

1996 – Current

Certified and Registered Psychiatrist: Colombian Education Ministry

2002– Current

Certified and Registered Child and Adolescent Psychiatrist: Colombian Education Ministry

2004 – Current

Clinical Experience

Salvation Army Community and Family Centre Oshawa

Supervisor Natasha Akam

Volunteer Counselor

On The Journey Corporation

Supervisor Grace Kuipers

Psychotherapist

Believe Counsel Corporation

Supervisor: Natasha Akam

Psychotherapist

Psychotherapist Intern

Salvation Army Community and Family Centre Oshawa

May 2023 – April 2024

Child and Adolescent Psychiatrist

Telehealth certified Colombia, South America.
Private practice Online. Part Time.

September 2016- Current

Child and Adolescent Christian Mentor

Private, non-profit

September 2016-Current

- Services for children, adolescents and families in emotional crisis.

Child and Adolescent Psychiatrist

Oct 2005 – Feb 2012

Social North Policlinic, Bogota, Colombia

- Evaluated, diagnosed children for mental diseases and family difficulties, created management plans
- Provided Psychotherapy according to patient or family needs. Brief and Emergency interventions, Systemic or Cognitive and Behavioural or psychoanalytic oriented Therapy.
- Offered pharmacotherapy and ordered laboratory follow-up for possible secondary effects of medications
- Worked with Medical Specialties and Psychology, partnered with other health professionals